

# Deepavali

A Starter Guide for  
Preschool Students



INDIAN  
HERITAGE  
CENTRE

இந்திய  
மரபுடைமை  
நிலையம்

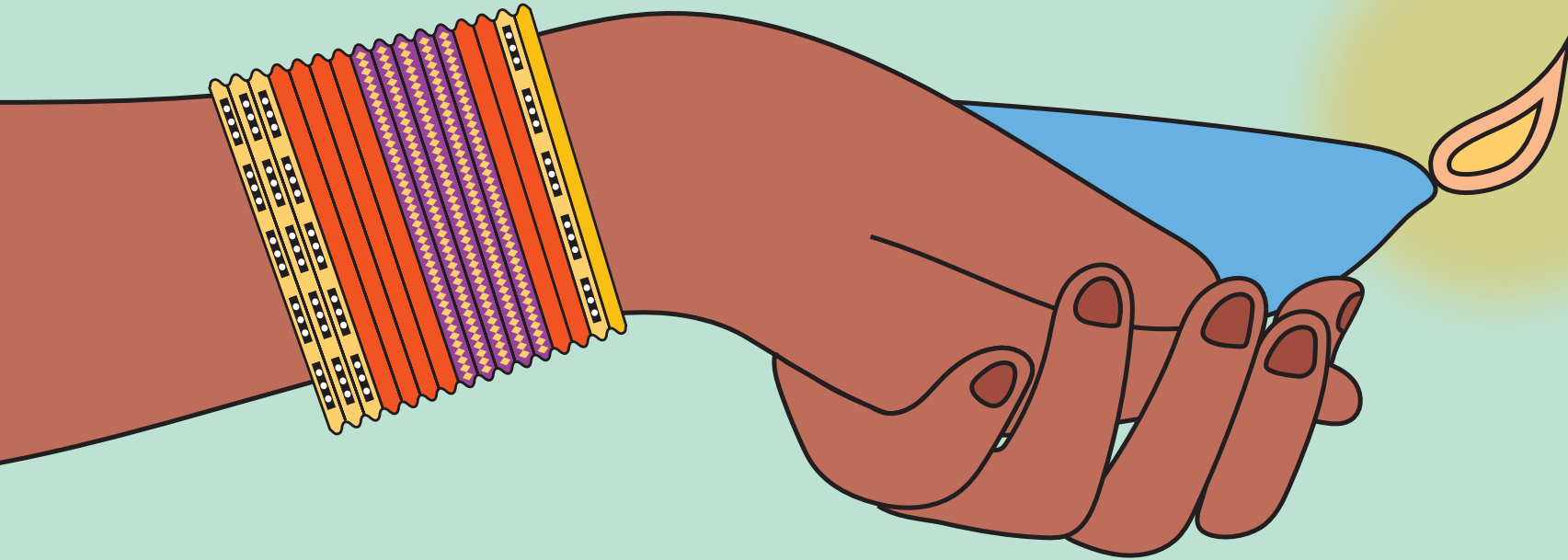
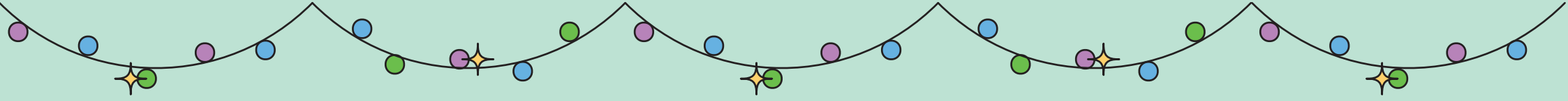
# Content

|                                     |    |
|-------------------------------------|----|
| What is Deepavali?                  | 01 |
| Craft Activity - Salt Dough Lamp    | 03 |
| How is Deepavali celebrated?        | 09 |
| Craft Activity - Deepavali Gift Bag | 11 |
| What is eaten during Deepavali?     | 14 |
| Activity - Match The Snack          | 16 |
| How do you prepare for Deepavali?   | 18 |
| Activity - Colouring Activity       | 20 |

# What is Deepavali?



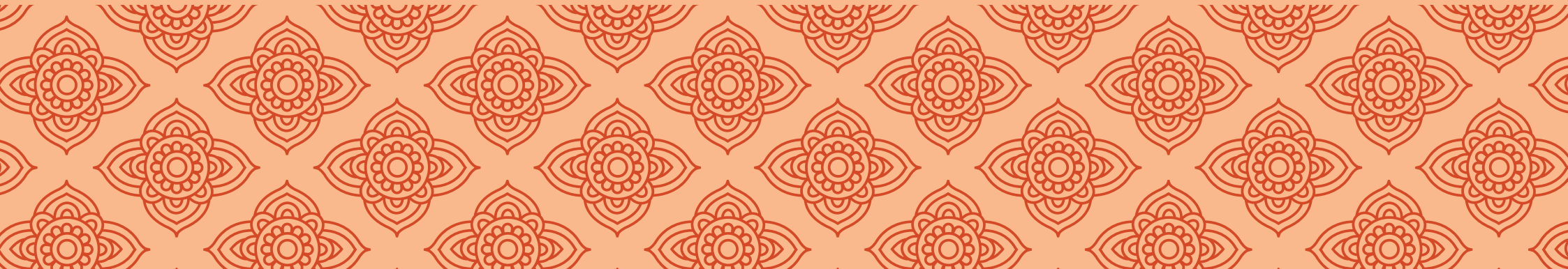
## 02 What is Deepavali?



Deepavali is known as the *Festival of Lights* and is celebrated by Hindus to commemorate the triumph of good over evil.

Craft Activity

# Salt Dough Lamp



## 04 Craft Activity

Deepavali is known as the *Festival of Lights*.  
Light up your homes with your very own  
*Salt Dough Lamp*.



# 05 Materials

## Salt Dough

- 1 cup plain flour\*
- ½ cup table salt
- ½ cup water
- Measuring cup
- Medium mixing bowl
- Whisk or spoon
- Parchment paper/silicone baking mat
- Baking tray

*\*Note: Do not use self-rising flour – it will cause the oil lamp to bubble or rise while baking.*



## Decorations

- Acrylic or nontoxic paint
- Paintbrushes
- Water
- Bowl or cup for water
- Plate or palette
- Cloth rag or paper towels
- Tea light or flameless candle

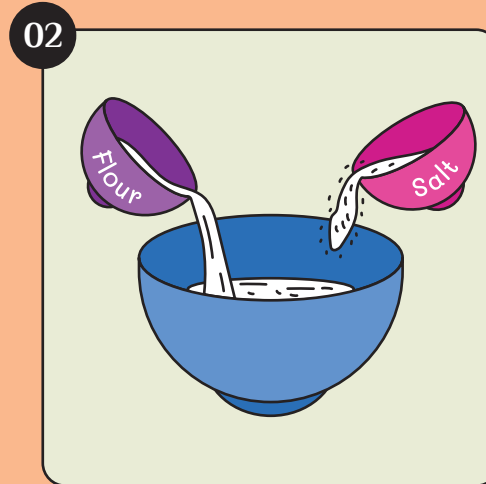
## Optional Decorations

- Glue
- Glitter
- Sequins

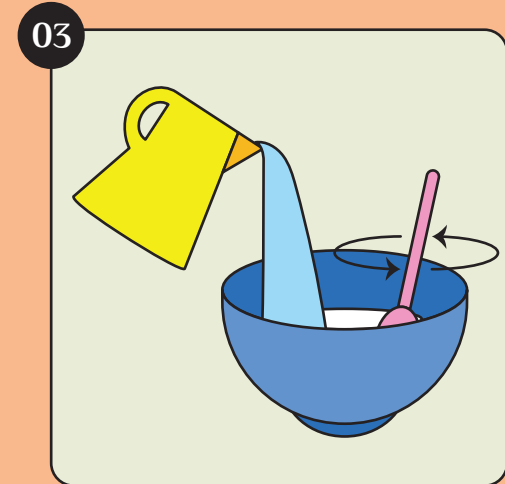
# 06 Instructions



Gather your materials in one place.



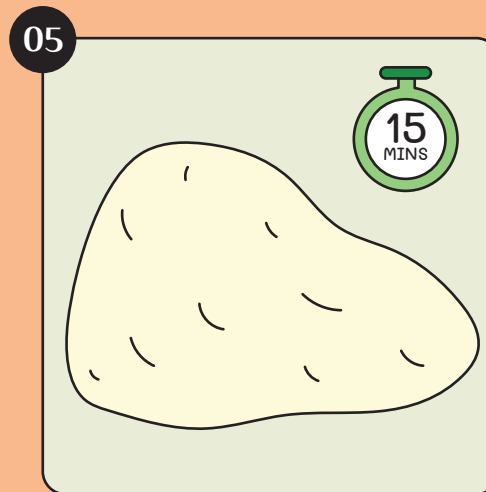
In a mixing bowl, stir flour and salt together.



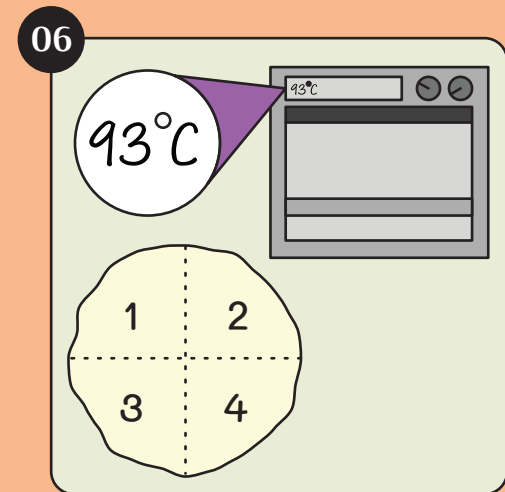
Slowly add water while stirring flour and salt mixture until it is fully combined and smooth.



Remove the dough from the mixing bowl and knead it for 5 minutes.



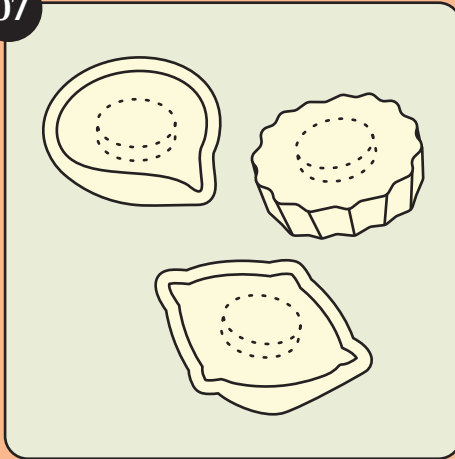
Let the dough rest for 15 minutes.  
*Tip: Add a little flour if the dough is too sticky or a few drops of water if it is too dry.*



Preheat oven to 93 degree Celsius.  
Split your dough into 3-4 sections.

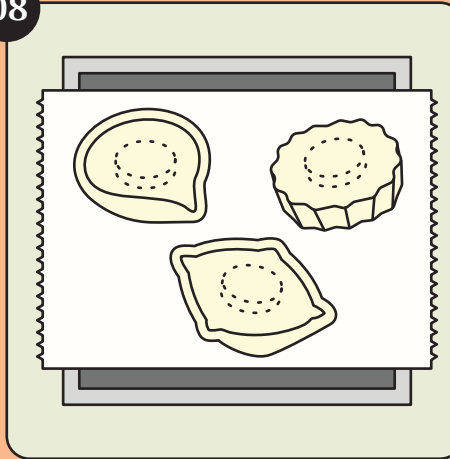
# 07 Instructions

07



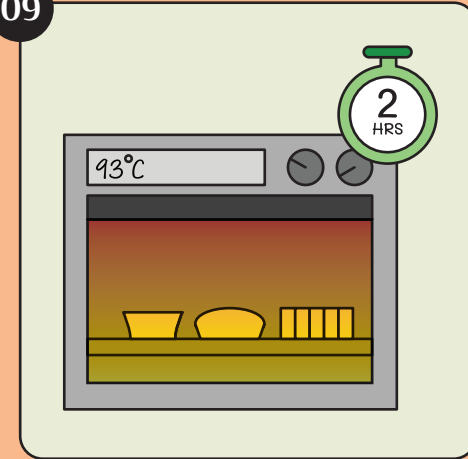
Shape the dough into oil lamps.  
Leave a space for your candles.

08



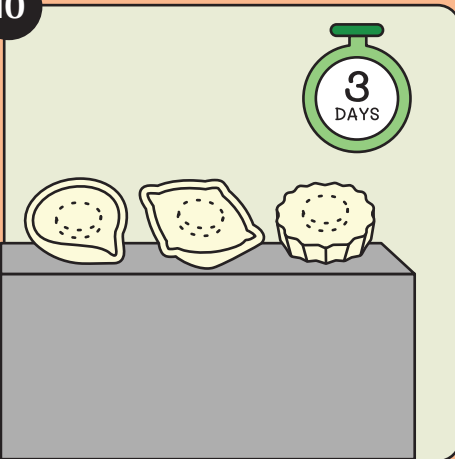
Place on parchment paper or silicone  
baking mat on a baking sheet.

09



Bake in the preheated\* oven for 2 hours,  
until dry and hard. Allow to cool completely.  
*\*Adult supervision needed.*

10



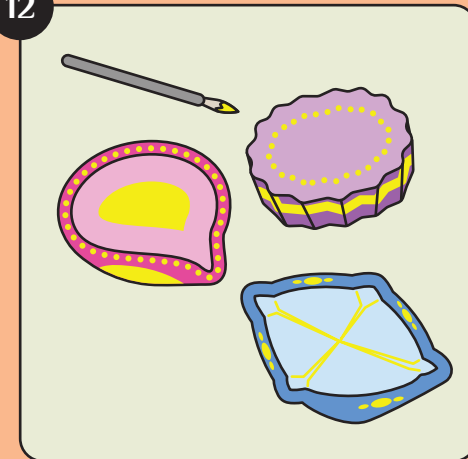
You can let your oil lamps air dry for a couple  
of days instead of baking them in an oven.

11



Paint your oil lamps.  
Let them completely dry.

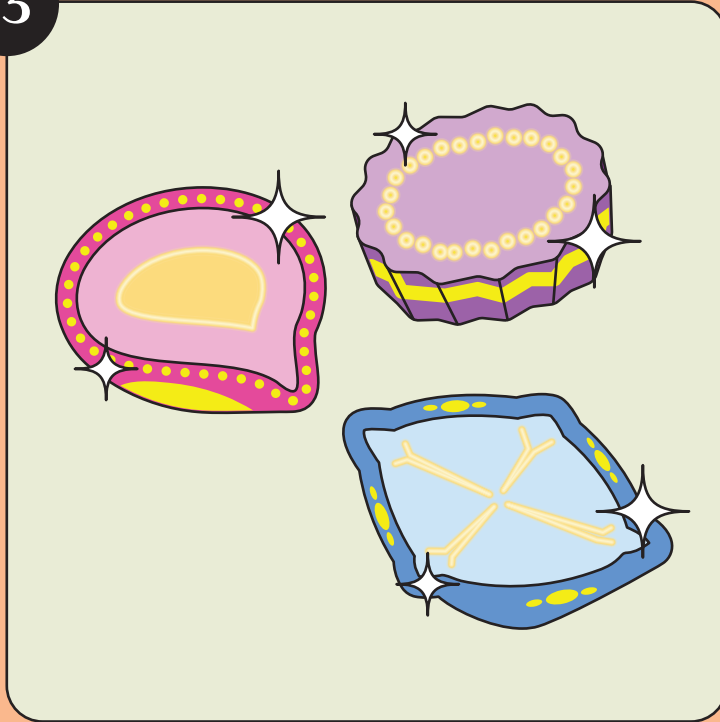
12



Try painting designs onto your oil  
lamps using a fine detail paintbrush.

## 08 Instructions

13



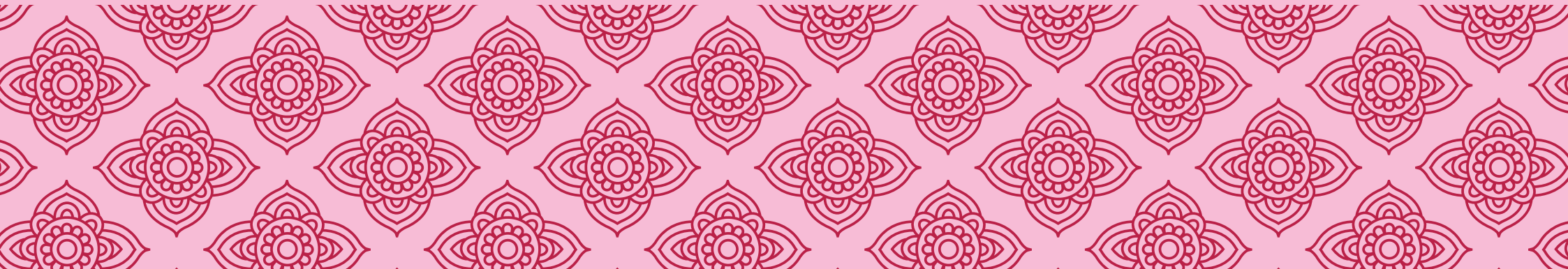
You can also glue glitter and sequins to your oil lamps for additional sparkle.

14



Light your oil lamps and place around your home for Deepavali!

# How is Deepavali celebrated?



## 10 How is Deepavali celebrated?

The day begins with an oil bath, dressing up with new clothes, prayers at home or temple, visiting with family and seeking blessings from elders.



Craft Activity

# Deepavali Gift Bag



# 12 Craft Activity

Make your own little bag to bring along for your festive visiting!

## Materials

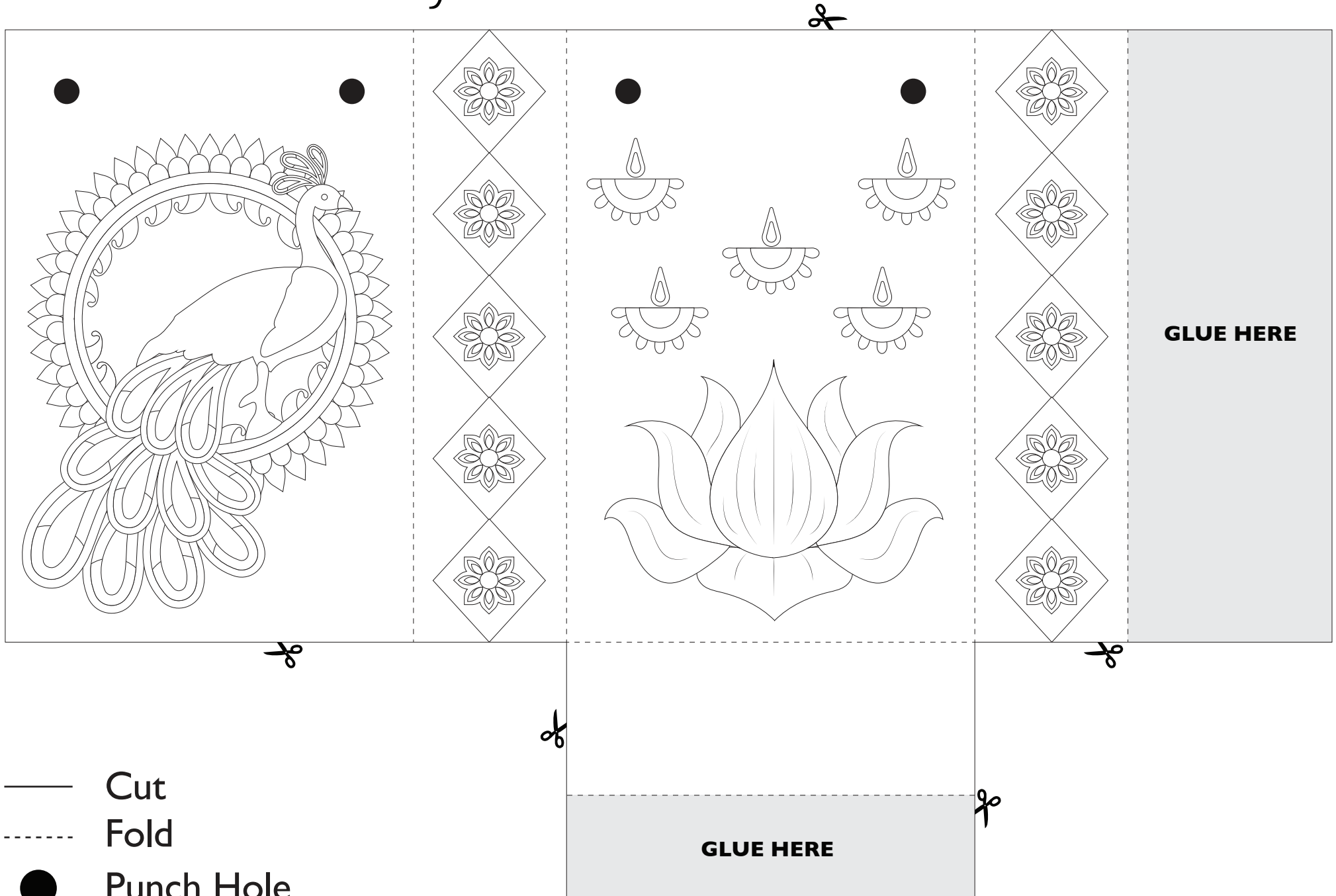
- Colouring Materials
- Scissors
- Glue
- String or Ribbon

## Instructions

1. Colour the artwork.
2. Cut out according to the lines carefully.
3. Glue the edges accordingly.
4. Punch holes on marked areas.
5. Tie string or ribbon through holes.
6. Bring your bag out for visiting!



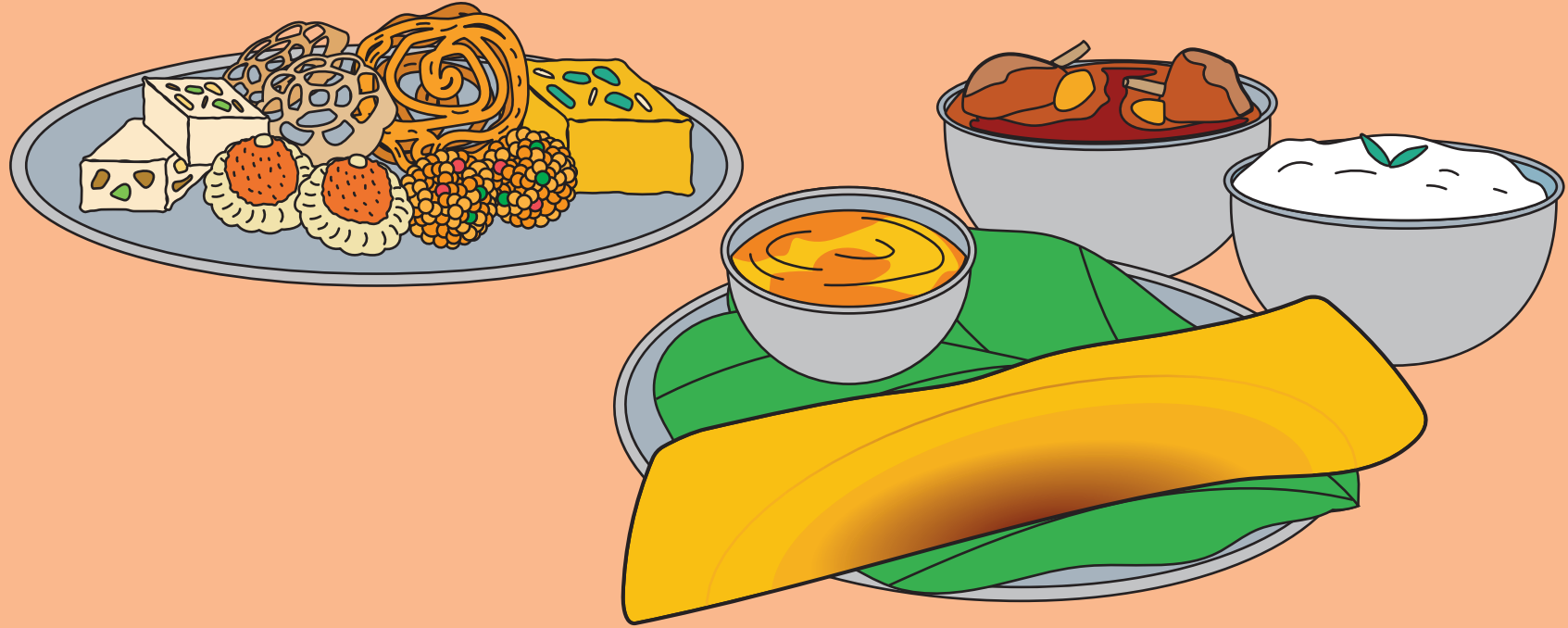
# 13 Craft Activity



# What is eaten during Deepavali?



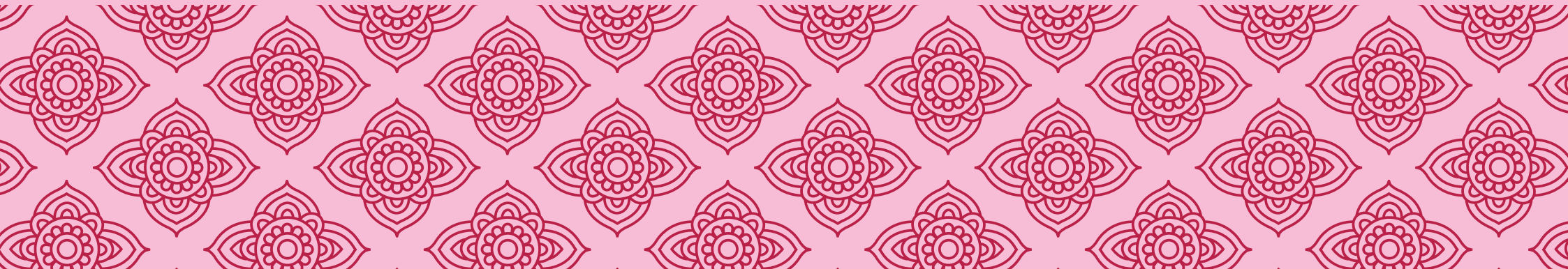
# 15 What is eaten during Deepavali?



The day is filled with lots of yummy sweets, snacks and shared feasts! Some favourites include crunchy homemade *murukku*, delicious *briyani* and freshly made *thosai* with curry.

Activity

# Match The Snack



# 17 Activity

Get to know your Deepavali snacks and sweets!  
Match the name to the snack.

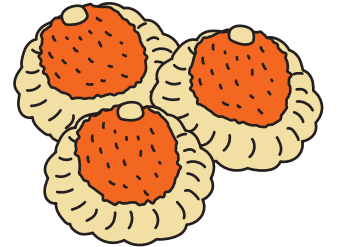
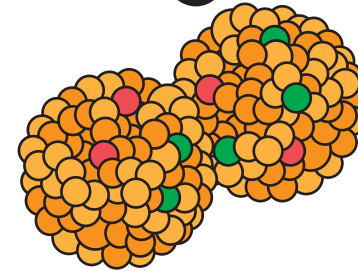
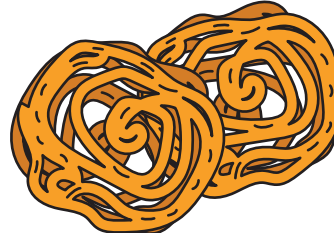
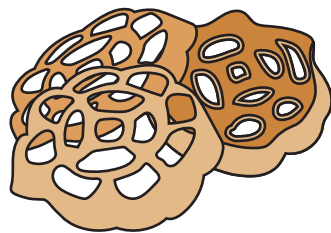
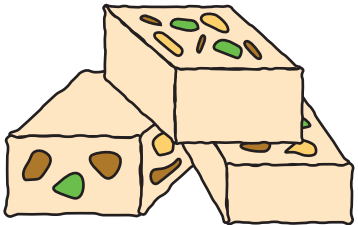
Pineapple  
Tarts

*Laddu*

Milk  
Barfi

*Murukku*

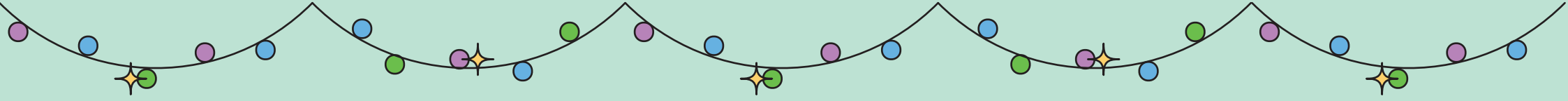
Achi  
Murukku



# How do you prepare for Deepavali?

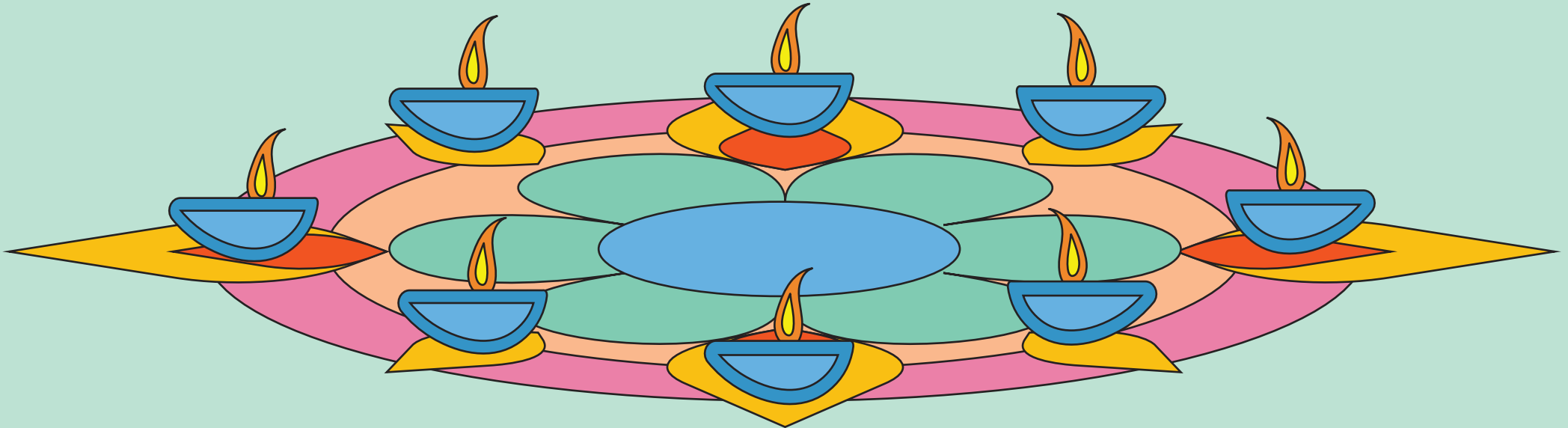


# 19 How do you prepare for Deepavali?



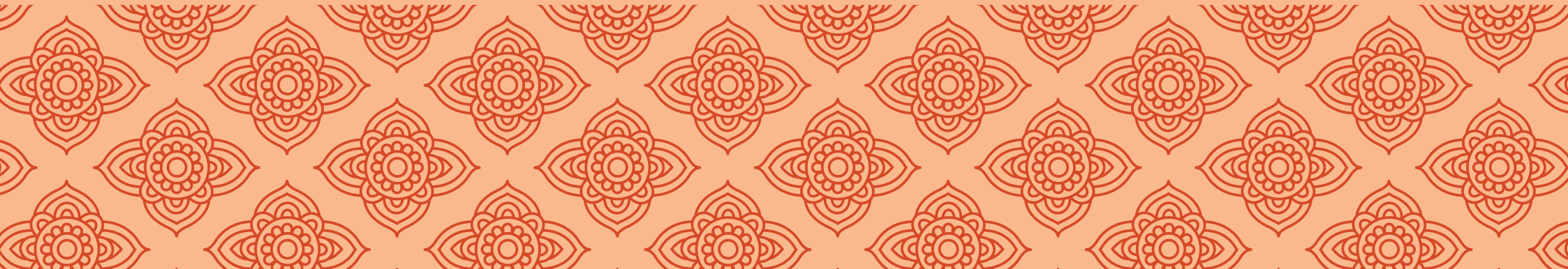
The home is cleaned, new clothes are purchased and festive sweets and savoury snacks are prepared.

Entrances of homes are decorated with a *kolam/rangoli*.



Activity

# Colouring Activity



# 21 Colouring Activity

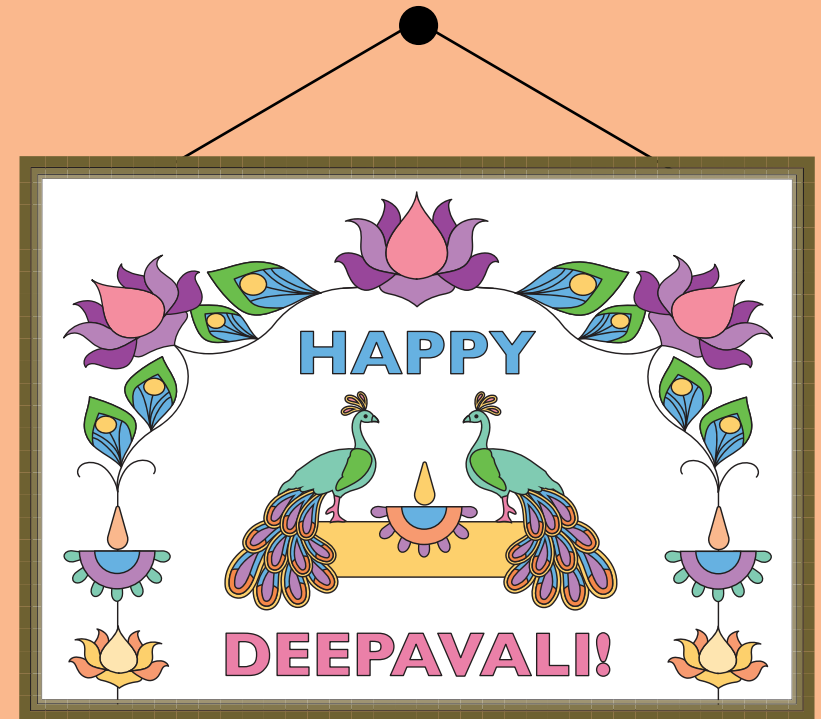
Colour in your Deepavali greetings and decorate your home with your artwork or gift your artwork to your Hindu friends!

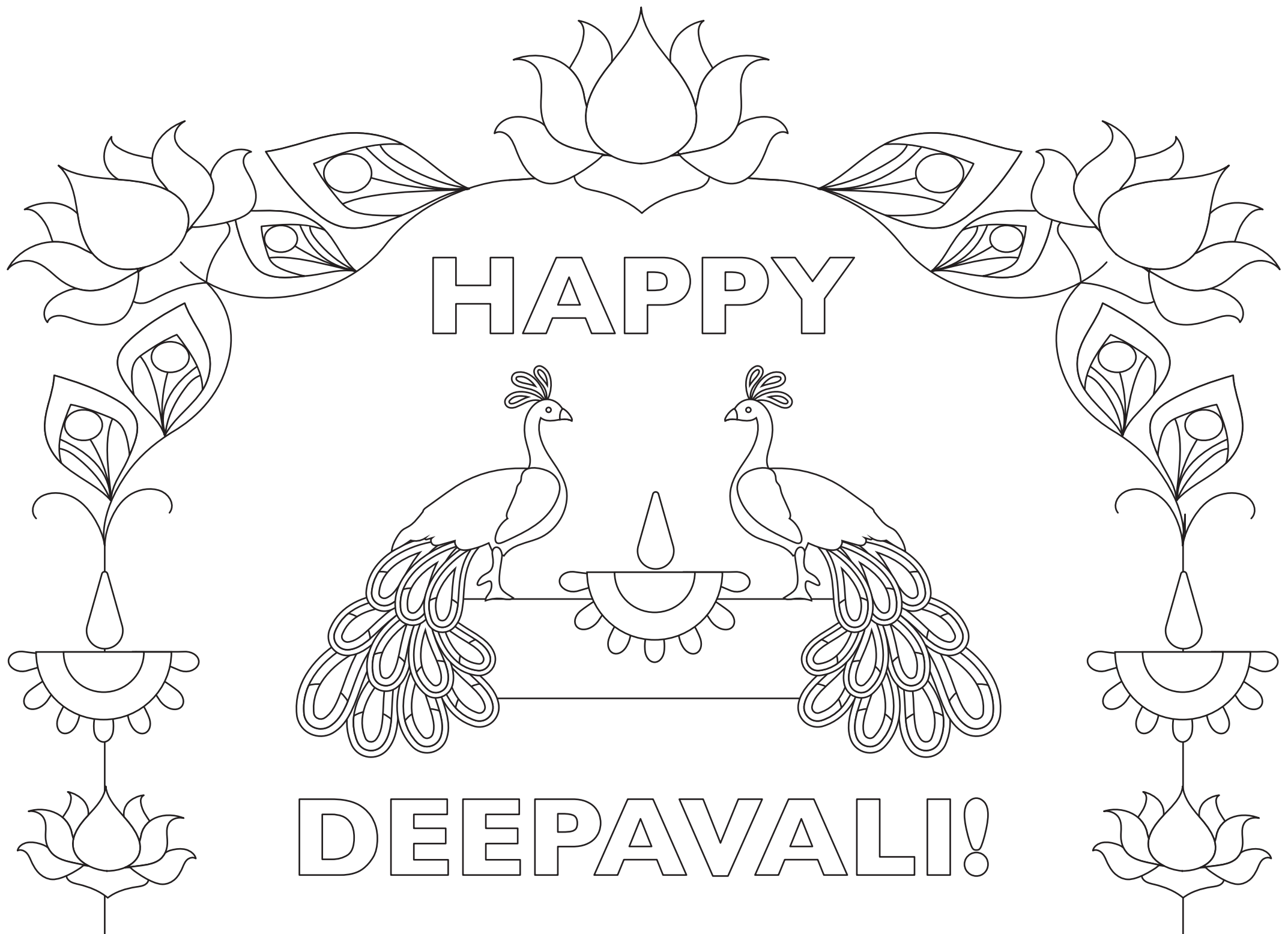
## Materials

- Colouring materials

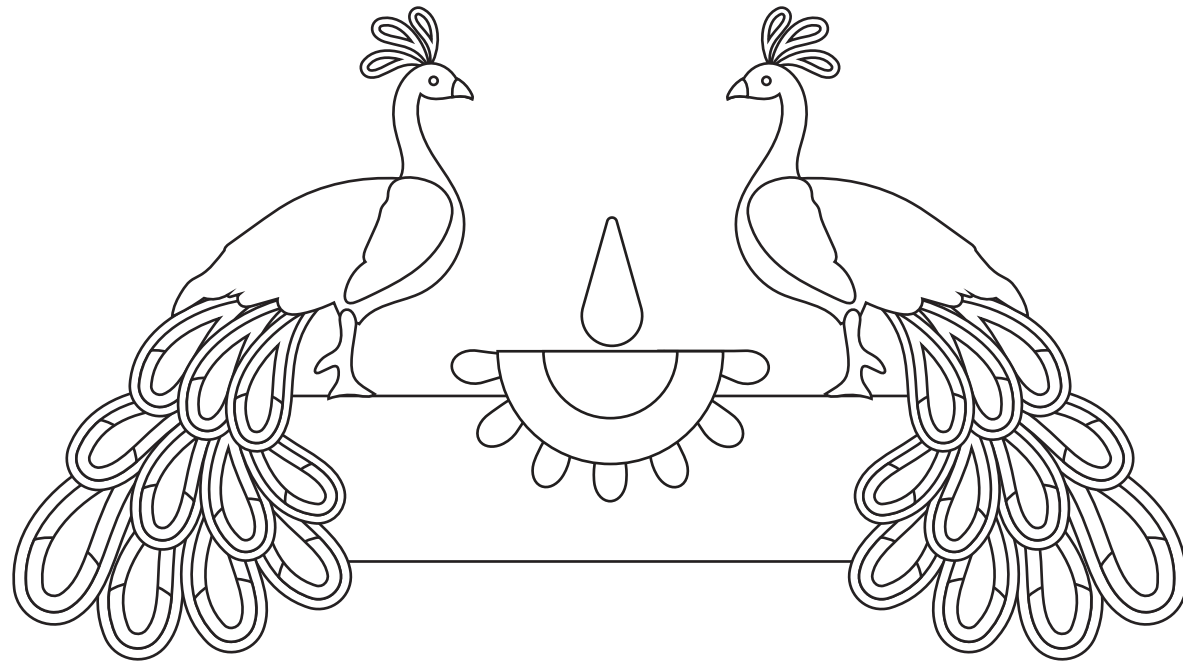
## Instructions

1. Colour the artwork.
2. Decorate your home with your artwork.





HAPPY



DEEPAVALI!

For more Deepavali educational resources, visit our page at:  
<https://www.indianheritage.gov.sg/en/education/resources>

# Thank You!

Follow us to stay updated:



indianheritage.gov.sg



@indianheritagecentre



@indianheritage\_sg



INDIAN  
HERITAGE  
CENTRE

இந்திய  
மரபுடைமை  
நிலையம்